

Trauma Informed Course for Teachers

What is it?

This is a self-learning training course designed to provide you with an overview of what trauma is, what can cause trauma, and how childhood trauma can affect adolescent and adult life. It also informs on the different types of trauma and how you can support someone who is dealing with trauma.

This course is aimed at:

- Teachers and school staff
- Parents and carers

How is it delivered?

This course is an online, self-learning course that you can complete in one go, or as and when you have time. It will take approximately 2 hours to complete, depending on your reading speed.

How do you complete the course?

The course is interactive with tasks throughout to help engage the delegate and help them to understand techniques being given to them. Once completed, there is a short assessment task with a passing grade requirement to complete the course and receive a certificate.

Course Outcomes

At the end of the course, you will be able to:

- Understand what trauma is
- Discuss statistics and prevalence of trauma
- Understand what can cause trauma
- Understand different types of trauma
- Spot the signs that someone is dealing with trauma
- Understand how to support someone who is dealing with trauma

Cost

This course forms part of our Headeducation2025 campaign and some schools and organisations may qualify for funding. Please contact us for pricing – discounts are available for group bookings of 6-12 people.

enquiries@shawmind.org or call **01636 600830**